**War Memorial Trip**
A selection of 40 students from Years 3, 4, 5, and 6 travelled to Canberra last Friday with Mr Clarke (Co-en), Alison Campbell Davies, Callin Piper and Mrs Clarke (HSE) as part of the long awaited trip to the Australian War Memorial - hosted by the Braidwood RSL sub branch. Ms Davis organised the event so that all students involved in the 100th anniversary of the Anzac landing commemoration in April could have the opportunity to participate in this special excursion. Students from St Bedes, accompanied by their teachers, also attended. Mr Chris Nelson, representing the RSL, and a Braidwood Troop leader was a fervent participant. The BCS students looked smart in their full school uniform and were eager to participate in this very special day.

Arriving at the Australian War Memorial the students were treated to a quick overall introduction video and were then gathered into small groups to do a guided tour of the World War I exhibition, the Wall of Remembrance and the Tomb of the Unnamed Soldier. Students were very eager to answer the questions the guides were asking and it was wonderful to see them enthusiastically responding. The groups then all sat down to write a small message to a soldier on a small wooden cross. These are to be sent over to a War cemetery on the battlefields of Europe.

After a recess break the groups were able to view the World War I and II aircraft. They then went onto the Discovery Centre, where they were greeted by none other than Mr McClure! The students and II aircraft. They then went onto the Discovery Centre, where they were eager to participate in this very special day.

**Central Australia here we come!**

Next week, 45 BCS students will embark on an amazing trip to Central Australia. Setting off on 16 September, these students (with three staff members and two parent volunteers accompanying them) will have the opportunity to see and experience some of the most amazing parts of Australia – things that travellers from all over the world would envy. During this epic journey, the trip will cover more than 4,600 kilometres – much of it on unsealed roads – and camp at interesting places along the way. They will be travelling through western NSW and into the vast South Australian and Northern Territory outback before flying home to Canberra.

The journey will take all participants to a huge working sheep and cattle station; the opal capital of the world – Coober Pedy; Uluru – Kata Tjuta National Park and Uluru itself; Kings Canyon in Watarrka National Park, where they will climb to the top of the canyon rim to see spectacular views of some of the heart of Australia. They will also visit an Old Telegraph Station, the Royal Flying Doctor Service and School of the Air, as well as the Devil’s Marbles and Katherine Gorge. From Katherine Gorge, it’s on to Kakadu National Park for a day of exploring Kakadu. Finally, the group will travel to Darwin for a look around this remote city, including its famous Mindil Beach Market, before flying home to Canberra airport on 28 September.

Have a great trip everyone. We look forward to hearing all about it – and seeing the photos!

**Kindergarten transition day**
On Wednesday BCS held its first Kindergarten transition session for 2015. It was an enjoyable session and the children had lots of fun. Our second transition session is next Tuesday 15 September from 9:30am until 12:00pm in the BCS Kindergarten room.

**Yr 12 Advanced English Excursion**
The Year 12 Advanced English class found a few moments between their HSC drama performance exam and university open days to travel up to Sydney to see the Bell Shakespeare Company perform The Tempest at the Opera House. The Tempest was the last play that Shakespeare wrote and is filled with moving references to the power of forgiveness and reflection. The powerful performance was a great way for the girls to start their HSC revision for English.

**Assistant Principals’ Award**
One student is chosen from each primary class by the Assistants Principals, Mr Clarke and Mrs Davis. Students must consistently display our PBS values of consideration, achievement, responsibility and enthusiasm. These award cards count towards the students’ Bronze, Silver and Gold awards. Congratulations to: Diggers - Theodor Munnings Poppies - Sophie Moritz Gallipoli - Matilda Riley-Tyler Lighthorse - Joel Cooper Squadron 34 - Matilda Jeffery Pioneers - Ryan Clarke Troops - Zoe Cargill

**Uniform Awards**
Each week a number of students’ names are drawn from a hat and those in full uniform win our uniform awards. Last week’s Primary winners are: Katie Mendham Hattie Cram Bob Cram Hunter Gleson Fletcher Stanley

**Primary Gymnastics Program**
This term we have done a gymnastics unit for the second year in a row. When we first began our gymnastics unit we had two coaches, Nikki and Amanda but after a few weeks Coach Amanda had to leave the program for family reasons. I have learnt how to do a forward roll, round-off cartwheel, handstand and butterfly wing sit, throughout the gymnastics program. This week is the final week of gymnastics which is sad because Coach Nikki is awesome. Last week many students missed their assessment because of the trip to the War Memorial in Canberra so this week all the students who were involved in the War Memorial excursion will sit their assessment. Overall the gymnastics program has been really fun and I don’t want it to end but as many people say “all good things must come to an end”.

By Cate Shea
More pictures are overleaf.

**Parenting ideas by Michael Grose**

**How to raise a child to be a giver**
Young children are egocentric by nature. As any three-year old knows only too well the world revolves around them. “I want…” “give me…” “it’s mine!” and other variations are the mantras for children of this age group. This self-centredness is developmental, which means it’s something they grow out of...or they’re supposed to. Here are five practical ways to develop a sense of generosity in kids:

1. Expect kids to help
With families shrinking, kids get fewer opportunities to help at home than before. With this in mind expect your kids to help without being paid. Regular chores and activities that benefit others such as setting the meal table or helping a younger sibling get dressed teaches them that their contribution is valuable and very much required.

2. Encourage giving
It’s a quirk of modern life that parenting is an individual endeavour. “What’s in the best interest of my child?” has replaced “This is in the best interest of the family?” as a key parenting principle. Encourage children to make allowances for each other which may mean everyone watches a sibling’s special concert rather than some children missing it because ‘it’s boring!’ “We put ourselves out for each other” is a wonderful family strength that often needs to be reinforced by parents.

3. Don’t let them get away with meanness
Children wear L-plates when it comes to behaving generously. They don’t always get it right, which means that parents as the wise adults need to remind children when their words and actions are intolerant or mean-spirited, or when they need to put their own needs behind the needs of others.

4. Develop a sense of other
Children and teenagers don’t live in a bubble. The socialisation process demands that kids be accountable for their poor behaviours. “What does this social situation reasonably require of my child at his or her age and stage of development?” is a great question to ask yourself to develop a sense of other, rather than enti- tlemen in kids.

5. Encourage giving
During the Victorian bushfires a few years ago I heard the story of a nine-year old whose mum went into his bedroom to growl at him for being up too late. She found him busy emptying his mouse into little plastic bags, ready to donate at the school bush fire appeal next day. There were plenty of stories like this showing the generosity of Australian kids, we just need to encourage them in everyday life, rather than wait for a trigger, to give their generosity a kick start. You can begin by encouraging them to give toys, books and clothes away when they have finished with them, or doing a good deed by a neighbour or friend.
### CALENDAR

**Term 3**

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<th>Week 10</th>
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<td>2016 Kindergarten transition</td>
<td>K-2 Excursion to Queanbeyan</td>
<td>Premier’s Spelling Bee Regional Final</td>
<td>HSC Art excursion to War Memorial and Galleries</td>
<td>Yr 12 last day: BBQ breakfast in Ryrie Park, slave auction and lunch</td>
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**Term 4**

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<tr>
<th>Week 1</th>
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<th>Central Australia Trip</th>
<th>16-28 September</th>
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<tr>
<td>Public Holiday</td>
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<td>All students and staff</td>
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### CANTEEN ROSTER

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<td></td>
<td>Sam Murray</td>
<td>Kathy Pollett</td>
<td>Linda Lewis</td>
<td>Sharon Lee</td>
<td>Royce Buchanan</td>
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<td>Rodney Tiley</td>
<td>Ken Gray</td>
<td>Laura Malley</td>
<td>Calin Fiver</td>
<td>Helen Davy</td>
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### Upcoming Events

1. 2016 Kindergarten transition—15 September
2. Yr 12 RSA/RCG course—15 and 16 September
3. K-2 Excursion to Queanbeyan—16 September
4. Premier’s Spelling Bee Regional Final—16 September
5. HSC Art excursion to Canberra—16 September
6. Y12 last day—18 September

### Save the Date—Grandparents and Special Guests Day is coming soon

**Braemar Central School**

**Grandparents & Special Guests Day**

Friday 29th October 2016

10.00am — 12.00pm

Browse the open classrooms & enjoy a taste of Charlie and the Chocolate Factory

Join us for morning tea afterwards

### Notes that went out this week

1. Y12 HSC Art Excursion
2. Primary Netball and Touch Carnival—Boorowa

If you have not received a copy of a note that is relevant to your child, please see the website: [http://www.braidwood.c.schools.nsw.edu.au/notes](http://www.braidwood.c.schools.nsw.edu.au/notes) or contact the office to obtain another copy.

### Crazy Camel Calendars

It is time for the BCS P&C annual calendar fundraiser! Students will be working on some art work in class, which can then be printed onto a calendar or a range of other items. They will bring their A4 piece of artwork home early next term, along with an order form to show parents/carers.

You can order your student’s artwork on a one-of-a-kind calendar, notebook, greeting card (pack of 8), diary, iphone case (from 4 to 6+) and calendar, notebook, greeting card (pack of 8), diary, iphone case (from 4 to 6+) and a family planner. You can also choose to have a photo printed onto a calendar or a range of other items. They will bring their A4 piece of artwork home early next term, along with an order form to show parents/carers.

### A message from Braidwood Dental

**Did you know** that on average Australians eat around 30 teaspoons of sugar each day? This is double the recommended amount!

**Did you know** that tooth decay is the most common chronic disease for children, even though it is entirely preventable?

**The number one cause of tooth decay is eating sugary foods and drinks on a regular basis. Some snack foods marketed as “healthy” snacks include dried fruit, fruit juice, muesli bars, biscuits and fruit roll-ups. These things can still be eaten but be aware how much sugar they contain, eat them moderately, and all in one go (grazing should be avoided).**

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### Menzies Property Services

**Position Vacant**

School Cleaners. Experience preferred but not essential as training will be given. Morning and afternoon shifts.

Working with Children certificate is required.

For more information contact Mark Green on 0418 999 368

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**CAUTION:** High sugar intake (30 teaspoons/day) is a significant risk factor for tooth decay.

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**Central Australia Trip—16-28 September**

**Monday**

- 14 September: Charlie and the Chocolate Factory rehearsals
- 15 September: Y12 RSA/RCG course
- 16 September: Y12 RSA/RCG course

**Tuesday**

- 14 September: Y12 RSA/RCG course
- 15 September: K-2 Excursion to Queanbeyan
- 16 September: Premier’s Spelling Bee Regional Final

**Wednesday**

- 14 September: HSC Art excursion to War Memorial and Galleries
- 15 September: Y12 RSA/RCG course
- 16 September: Y12 RSA/RCG course

**Thursday**

- 14 September: Y12 RSA/RCG course
- 15 September: K-2 Excursion to Queanbeyan
- 16 September: Premier’s Spelling Bee Regional Final

**Friday**

- 14 September: HSC Art excursion to Canberra
- 15 September: Y12 RSA/RCG course
- 16 September: Y12 RSA/RCG course

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**Did you know** that you might be eligible for the Medicare Child Dental Benefits Schedule? This scheme gives children up to $1000 of free dental work over two years. Check your eligibility online at [medicare.gov.au](http://medicare.gov.au).

**Dr Shanti Tatineni** will be available during the school holidays on Tuesday and Thursday afternoons. She is an experienced and caring dentist who enjoys working with children.

Ring Vicki at Braidwood Dental Practice for help with Medicare eligibility and to make an appointment on 4842 2001 or email [braidwoodental@gmail.com](mailto:braidwoodental@gmail.com).

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