**Braidwood Central School**

**NEWSLETTER**

<table>
<thead>
<tr>
<th>Coming Events</th>
<th>Principal's News</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monday 9 March</strong></td>
<td><strong>Thank you</strong>&lt;br&gt;On behalf of the staff at Braidwood Central I would like to thank each of you who has supported your child and their education.</td>
</tr>
<tr>
<td><strong>Tuesday 10 March</strong></td>
<td><strong>Thank you to those parents who made it to watch their child perform at the K-6 assembly last Thursday. Your support is appreciated.</strong></td>
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<tr>
<td><strong>Wednesday 11 March</strong></td>
<td><strong>Thank you to those parents who helped at the show – either by cooking or serving at the P&amp;C-run stalls or working with the animals. The school values your efforts in raising money and presenting a positive image to our broader local community.</strong></td>
</tr>
<tr>
<td><strong>Thursday 12 March</strong></td>
<td><strong>Thank you to those parents who ensure their child is in the correct school uniform each day, even when the child tells you it’s okay to wear something else – you know it’s not! Your commitment to this school is noted.</strong></td>
</tr>
<tr>
<td><strong>Friday 13 March</strong></td>
<td><strong>Thank you to all those parents who ensure we have the latest details on file, whether it’s an address change, a new phone number, an email address or medical information. We regard this as extremely helpful.</strong></td>
</tr>
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<td><strong>Thank you to those parents who keep the lines of communication open, to those parents who answer the phone when the school calls, those parents who call us back when a message is left, those parents who make appointments to speak to staff. Your commitment to maintaining a positive partnership with the school is celebrated.</strong></td>
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**Requests**

It has become obvious that in the past, a number of parents have not provided the school with full details on enrolment forms. Correct information about your educational background, as a parent, and your current occupation is critical to the funding that the school receives. Further information on this will be provided at the upcoming P&C, AECG and community meetings. I would encourage you to speak to someone who attends one of those meetings to find our more. Following that discussion we will be calling parents to check information that we have to ensure accuracy.

Everyone is invited to be a part of the P&C. Join us on Wednesday 18 March at 7pm in the school library. At this meeting you will learn more about how you can support fundraising enterprises for the school and where those funds are allocated in the school. You will learn more about upcoming school functions and events. You will also learn more about the future directions of the school.

For parents of Aboriginal students, join us on Wednesday 18 March at 5pm in the school library for an AECG meeting. At this meeting you will have a critical role in defining how support is provided for our Aboriginal students. You too will learn more about the future directions of the school and you will have input into how the school will celebrate NAIDOC in 2015.

For parents who want even more knowledge about the school and how it functions join us on Monday 23 March at 3.30pm in the school library for the community engagement working group. The parents who attend this meeting will have a critical say in shaping policies and practices of the school as we recognise the role of the family in education.
Helping kids deal with rejection

One of the keys to functioning socially and emotionally is the ability to deal with disappointment and rejection.

Most children experience some type of rejection from their peers throughout childhood. One study found that even popular children were rejected about one quarter of the time when they approached children in school.

Paradoxically, children’s experience of rejection and disappointment at school is good for them, as long as it’s balanced with successful experiences too. They learn that they can cope and solve problems in their own way and that bad experiences don’t last forever.

And they learn that sadness and disappointment can be managed too, which is an important lesson to learn to take into adolescence and beyond, when life is full of ups and downs.

Helping them move on

Most children recover from such rejection. They move on and form constructive, worthwhile relationships but some children need help. They often take rejection personally, blaming themselves. As a parent it is useful to challenge children’s unhelpful thinking and encourage them to look for new friendship opportunities. Parents can help children understand that rejection may happen for any number of reasons that are unrelated to them.

In the course of a school day children will meet with a number of challenges and even setbacks. They may struggle with some schoolwork. They may not do well in a test and they may not be picked for a game that they wanted to play. Children grow stronger when they overcome their difficulties. The challenge for parents is to build and maintain children’s confidence levels to help them get through the rough times.

One way to help children deal with rejection and disappointment is to talk through problems or difficulties, recognising and accepting their feelings. Talk about various scenarios, discussing possible outcomes. The age of your child will determine the amount of detail. Keep things simple and avoid burdening a younger child with concepts he or she doesn’t understand.

Your attitude as a parent can make a huge difference to how a child reacts. If you see rejection or disappointments as problems then your child will be hamstrung by this view. See them as challenges then your child, in all likelihood, will pick up your upbeat view and deal with disappointments easily. After all, confidence is catching!

To help children handle rejection and disappointment try the following four strategies:

1. **Model optimism.** Watch how you present the world to children, as they will pick up your view.

2. **Tell children how you handle disappointment and rejection.** Not only is it reassuring for children to know that their parents understand how they feel but they can learn a great deal by how their parents handle situations.

3. **Help children recognise times in the past when they bounced back from disappointment.** Help them recognise those same strategies can be used again.

4. **Laugh together.** Humour is a great coping mechanism. It helps put disappointment in perspective. It helps them understand that things will get better. They always do.

The stronger the wind the stronger the trees is the notion here. Supporting kids to handle life’s hurdles helps them to develop a lasting sense of resilience, which is essential for good mental and emotional health.

Nerida Mosely
Principal

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**Deputy News**

**Year 12 Half Yearly Exams**

Year 12 Half Yearly Exams commence Wednesday 18 March, Week 8. Please find a copy of the timetable attached. Students are to return permission slips to leave school to go home to study when they do not have a timetabled exam.

Peter Neilsen

**Primary News**

**Student of the week**

Our Students of the Week (one from each class) are chosen by the Assistant Principals, Mr Clarke and Mrs Davis. They nominate students who consistently display our PBS values of consideration, achievement, responsibility and enthusiasm. These award cards count towards the students’ Bronze, Silver and Gold awards. Congratulations to these students:

- **Diggers:** Paige Murray
- **Poppies:** Keira Hourigan
- **Gallipoli:** Olivia Baumann-Lionet
- **Lighthorse:** Patrick Shea
- **Squadron 34:** Liam Osborne-Russell
- **Coves:** Jallamara Gardner
- **Troops:** Ananta Bajracharya
Bluey and ClassDojo prize draw
Blue awards (blueys) or ClassDojo points (one point equals one bluey) are given to students throughout the day in the playground and in classrooms for appropriate behaviour and for displaying the school’s values of consideration, responsibility, enthusiasm and achievement. This year all blueys are placed in a classroom box and added to the weekly prize draw. ClassDojo points are recorded by the teachers online and are also added to the weekly prize draw with the use of raffle tickets.

All Primary classes will soon be registered with ClassDojo, an interactive reward system which enables teachers to give immediate positive feedback to students. This system will eventually replace the use of “blueys” in Primary.

Last week’s prize winners were: Eva Deo, Katie Mendham, Louise Story, Charlie Brown, Sarah Rudd and Hattie Cram.

Uniform prizes
It is wonderful to see our students proudly wearing their correct school uniform each day. To acknowledge this and continue to encourage the wearing of full school uniform we give a number of prizes each week to students who are in uniform. Once or twice a term we also reward everyone in full uniform with 15 minutes extra play. Congratulations to last week’s uniform prize winners: Taylor Dixon, Gus Munnings, Emma Shoemark, Lily Moore, Hunter Gleeson and Emmily Stuart-Camenzuli.

Wendy Davis
Assistant Principal

Secondary News

Homework Centre
The Homework Centre will be held in the school library on Tuesdays and Thursdays from 3:30pm to 5pm.

Library News

Games Wanted For Our Library
On Fridays at lunchtime students K-12 have been enjoying playing board games and card games. We have some games available but would welcome donations of suitable games in good condition.

So if you have some games at home that have all their ‘bits’ and are taking up valuable cupboard space, we would love to receive them. For example; Monopoly, Scrabble, Boggle, backgammon, chess, draughts, Connect Four, Cluedo etc.

Our library also welcomes donations of suitable recent special interest magazines. Topics such as horses, nature, motorbikes, travel, hunting, fishing and cars are popular.

Thank You,
Mary Langdon
Teacher Librarian

P&C News

P&C AGM is next week
Please join us on Wednesday 18 March at 7pm in the School Library for the P&C Annual General Meeting. While many members of the current committee are very kindly offering to stay on in their roles (thank you so much!), we are in urgent need of a Secretary. This job entails coming to P&C meetings (where you can keep up-to-date with all developments at the school), taking the Minutes, preparing the meeting Agenda, picking up mail from the Front Office and helping with occasional correspondence. You will be fully supported by other committee members to help ease you into the role. If you are interested in taking part in the P&C, helping make our school even better, but prefer writing to talking, this is the ideal job for you!

Last week for P&C Logo designs – your chance to win $100 and everlasting recognition!
The P&C is in need of an eye-catching logo to use for our signs, banners, stationary and aprons. At the moment all we have is the school crest and our name. We need a logo that represents the P&C and all it does in a fun, friendly and striking way. So get your pens and pencils out – entries should be handed into the Front Office or emailed to bcspsdnc@gmail.com by Friday 13 March.

Thank you all Braidwood Show helpers
What a great team Lisa Croxon and Melissa Shoemark make! Together with all the parents, students and staff who lined up to prepare, cook and serve the 100s of drinks, cakes, BBQ rolls and sausage sandwiches, this year’s Show catering was a fantastic success. We will let you know how much was raised very soon, but thank you to all who helped out – your time and efforts are very much appreciated.

Contact the P&C
The P&C email address is bcspsdnc@gmail.com or you can contact the current President, Bidda Jones, directly on 4842 7189 or 0422 542175 or bidda@sharewater.net

Year 11 Study Camp
Week 1 Term 2
$210
Please return note and money to the Front Office ASAP
Jo Parsons
Wayne Grady Visit and Junior Golf Clinic

On Saturday March 21st, 1990 USPGA winner and current Channel 7 golf commentator, Wayne Grady will be visiting Braidwood for Gala day of golf events.

The day starts with a golf clinic with an emphasis on junior golfers. Wayne and fellow golf professional Greg Hohnen (from the Kilara Golf Club) will conduct the clinic and it will be provided FREE of charge to the children participating. Wayne and Greg will also display their unique skills at this clinic and it will be fascinating for the young and not so young.

Following the clinic a BBQ lunch will be provided before the two professionals will be joined by current club champion Michael Toirkens and 15 year old Romney Smith to play an exhibition 9 holes of golf.

Entry to these day events is via a Bronze ticket ($30) and parents of juniors (participating for FREE) are expected to purchase a ticket to help cover the cost of bringing the professionals and for the lunch.

In the evening starting at 6:30 for 7 a gala dinner catered for by Vanilla Catering will be held with Wayne and Greg as the guest speakers. Dress is smart casual.

Tickets are available in three categories:
- Bronze: $30 for the day events and BBQ
- Silver: $50 for the gala dinner only
- Gold: $110 for the whole day and dinner

Tickets for the dinner are capped at 120 people and must be purchased before the event (NO tickets will be on sale on the night). Tickets are available at Braidwood Servicemens Club (Michelle Griggs 4842 3108) and Bendigo Community Bank (Nick Fry 4842 1700).

Tickets to this unique event are selling fast so get your tickets early to be part of enjoying having an internationally acclaimed sports person in our town and knowing proceeds from the night will go towards keeping our great Club and Golf Club operating.

If you require any further information please contact Rob Martin (0428 422 157), Nick Fry (4842 1700) or David Goddard (4842 2880).

Advertisements

Braidwood Central School is pleased to announce that Goulburn Regional Conservatorium (GRC) will be offering music lessons at BCS. GRC provides individual and group tuition in voice, strings, drums, keyboard and a variety of woodwind and brass instruments. You do not need to own or purchase instruments – the school has a limited number of woodwind and brass instruments, and further instruments can be hired at affordable rates. Lessons will be given by local tutors, and will take place in the Music Room on Fridays and Wednesday afternoons during school hours. Rates are as follows:

- $28.30 for a 30 minute individual lesson
- $16.70 for a 15 minute individual lesson (for younger children)
- $18 for a shared (2 students) 30 minute lesson
- $13 for a group lesson (guitar and keyboard only).

Lessons are available for voice, keyboard, woodwind (clarinet, saxophone, flute), brass (trumpet, trombone, tuba), strings and drums. Please put down three preferences, as the availability of specialist tutors will depend on numbers.

GRC also offers scholarships and bursaries to families who may have difficulty affording lessons & / or instrument hire. Please see Mrs Appleby or download a form from the GRC website (www.thegrc.com.au).

I would particularly like to see enrolments for woodwind and brass instruments, as the school owns several (so no hire or purchase cost), and we can get a concert band up and running quickly and successfully. The GRC offers ensemble tuition for these groups free of charge to students enrolled in individual or group lessons.

Interested? Please pick up an enrolment form from the front office, or see Mrs Appleby. Forms should be returned to the school (Front Office or Mrs Appleby), NOT directly to GRC.
Braidwood Junior Soccer Club (Palerang United FC) invites you to register for soccer for 2015

BRAIDWOOD SOCCER COMPETITION

Sub-Juniors (ages 3-5) - the sub-junior program is aimed at introducing younger children to football, whilst at the same time giving them elements of team play, social interaction, and physical activity. Typically it runs from 9am-10am each Saturday morning and includes warm-up drills, skills development, and a small-sided game in the last 15 minutes.

Juniors (ages 5 and up) – the junior program is divided into several age-groups.

- Under 7 - the Under 7 program is based on the small sided game structure, combining elements of training, skill development, and game playing. Typically it runs from 9am-10am each Saturday morning and includes warm-up drills, game play (focused on skills development), finishing with a short game.
- Under 9 & Under 11 - both Under 9s and the Under 11s play on half-size fields with smaller goal sizes. Teams are 7-a-side to encourage open game play.
- Under 14 - the Under 14 games are played on a full size field with normal goals, 11 players per team.

All games are generally lead and/or watched by accredited coaching staff, allowing for positive feedback to be given to players of all levels.

Juniors and Sub-juniors who wish to play in the Braidwood Competition can register by completing the attached 2015 BJSC Registration Form.

- Registration fees for 2015 are $60 for Juniors and $40 for Sub-juniors.
- Completed forms should be emailed to bldda@sharewater.net (with the subject Soccer Rego) or placed in the drop-off box at Bendigo Bank. Payments should accompany all forms.
- A registration and information day will be held on Sat 21 March 2015 from 9am–12pm at the Braidwood Rec Ground (Eftpos facilities available).

All registrations are due by 31 March to allow for team selections.

PALERANG UNITED FC - JUNIOR LEAGUE - U10s-U16s

Registrations are also open for PUFC Teams to play in the Capital Football Junior League: U16 Girls, U13/U14 Girls, U10 Open. There may also be an U14 Boys team if enough players are interested and we have volunteers for coach and manager. The Registration fee is $85 per player (or $75 if you are already registered with the club for the Braidwood competition). Matches start on 2 May. Games are played on Saturdays in Braidwood or Canberra. Kick-off is 11.30am for U10s, 1.45pm for U14s and 3.10pm for U16s.

If you would like to participate in a Junior League team you should first contact:
- Chris Grant (poppiesonwallace@gmail.com or 0428 422179) for U13/U14 Girls
- Brad Carey (bradleycarey@yahoo.com.au or 0432 098019) for all other Junior League teams.

Payments can be made directly into the BJSC account, Braidwood Bendigo Bank, BSB 633 000 Account No. 122 322 033 (player name as reference), or via cheque made out to Braidwood Junior Soccer Club. Any outstanding payments to the club must be honoured before registration for 2015 can be accepted. For more information or arrangements for a pre-season payment plan, please contact the Treasurer Clem Colman on clem@colmancomm.com or 0417 744511.
# Braidwood Junior Soccer Club Registration Form 2015

This form is for Braidwood Competition players only. If you are registering to play in a PUFC Representative Team, YOU MUST REGISTER ONLINE at myfootballclub.com.au. Contact the Registrar at bidis@sharewat.net for more information.

## 1. Registration Type
- Sub-junior (preschool) $40
- Junior (school-age) $60

## 2. Player Details
<table>
<thead>
<tr>
<th>Title</th>
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<tbody>
<tr>
<td>First name</td>
<td></td>
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<tr>
<td>Last name</td>
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<tr>
<td>Date of birth</td>
<td></td>
</tr>
<tr>
<td>Gender</td>
<td></td>
</tr>
<tr>
<td>M</td>
<td>F</td>
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Did you play with this club in 2014?
- Yes  |  No  |

If yes, and your contact details have NOT changed, please go straight to section 5. FEES

<table>
<thead>
<tr>
<th>Street/Mailing address</th>
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<tbody>
<tr>
<td>Suburb</td>
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<tr>
<td>State</td>
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<tr>
<td>Email</td>
<td></td>
</tr>
<tr>
<td>Home phone</td>
<td></td>
</tr>
<tr>
<td>Mobile</td>
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## 3. School Age Players
<table>
<thead>
<tr>
<th>Name of school</th>
<th></th>
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<tbody>
<tr>
<td>Year</td>
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## 4. Emergency Contact Details
| Name |  |
| Relationship |  |
| Email |  |
| Home phone |  |
| Mobile |  |

## 5. Fees
ALL FEES MUST BE PAID IN FULL BEFORE PLAYERS CAN PARTICIPATE. Discounts are available for large families and those who regularly volunteer.

| Total fee payable | $ |  |
| Amount paid | $ |  |

<table>
<thead>
<tr>
<th>Method of payment</th>
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<tbody>
<tr>
<td>Cash</td>
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<tr>
<td>Cheque</td>
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## 6. Signature

(Signature of Player or Parent/Legal Guardian)

| (Name) |  |

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**Volunteer Details**
All families/adult players are expected to undertake at least one volunteer activity to keep the club running and registration costs affordable.

| Name(s): |  |

|  |

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**Please specify your preferred activities:**
- Serving at the Canteen
- Ordering/shopping/picking up supplies
- BBQ
- Setup/packup fields
- Coaching
- Refereeing

**Payments:** Braidwood Junior Soccer Club (BJS), Bendigo Bank, BSB 633 000 Acc No. 122 322 035 (Player name as reference)
FORMS SHOULD BE EMAILED TO bidis@sharewat.net OR DROPPED OFF AT THE BENDIGO BANK IN BRAIDWOOD
### BRAIDWOOD CENTRAL SCHOOL YEAR 12 HALF YEARLY EXAMS 2015

<table>
<thead>
<tr>
<th>Wednesday 18&lt;sup&gt;th&lt;/sup&gt; March Gymnasium</th>
<th>Thursday 19&lt;sup&gt;th&lt;/sup&gt; March Gymnasium</th>
<th>Friday 20&lt;sup&gt;th&lt;/sup&gt; March Library</th>
<th>Monday 23&lt;sup&gt;rd&lt;/sup&gt; March Gymnasium</th>
<th>Tuesday 24&lt;sup&gt;th&lt;/sup&gt; March Gymnasium</th>
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<tbody>
<tr>
<td>Maths 2 Unit 9:00 – 11:05</td>
<td>Legal Studies 9:00- 10:35</td>
<td>Business Studies 9:00- 11:05</td>
<td>English Advanced Paper 1 9:00-11:10</td>
<td>Ancient History 9:00- 11:05</td>
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<tr>
<td>Maths General Pathways 2 9:00-10:35</td>
<td>Biology 9:00- 11:05</td>
<td>Chemistry 9:00- 11:05</td>
<td>English Standard Paper 1 9:00-11:10</td>
<td>Agriculture 9:00- 10:35</td>
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<tr>
<td>Visual Arts 9:00-10:35</td>
<td>Hospitality 9:00- 10:35</td>
<td>Senior Science 9:00- 10:35</td>
<td>English Studies 9:00- 10:35</td>
<td>Construction 9:00- 10:35</td>
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<tr>
<td>Music Practical Exam</td>
<td>SLR 9:00- 10:35</td>
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<tr>
<td>Mrs Appleby Music room 12:10- 12:50</td>
<td>Music1 Aural Skills 1:00-2:05 Library Study Rm</td>
<td>English Advanced Paper 2 1:00-2:10</td>
<td>Drama 1:00-2:35</td>
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<td>English Standard Paper 2 1:00- 2:50</td>
<td>Food Tech 1:00-3:05</td>
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<td>Industrial Tech 1:00-2:35</td>
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<td>Primary Industries 1:00-2:05</td>
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**Students studying Distance Education subjects please liaise with Mrs Lang and your Distance Ed teacher as to the timing of your exams. If they are completed at this time they will run on the line you study them at school.**

Year 12 students will be able to go home to study during those times when they are not scheduled to sit for an examination. Could you please sign the following permission note stating that your student will be going to your home for the purposes of study.

I hereby give permission for ______________________ to go home for study purposes during those times when they are not timetabled for exams.

SIGNED ____________________________________ Parent/Caregiver
Dear Parents

Our school is currently reviewing its processes for providing individual support for specific students. We are seeking your responses to the following questions to learn your impressions about how the school currently caters for your child or children.

The information you give to the review team will be added to information provided by other people to guide recommendations for improving our school.

1. Does the school have a learning support team?
   □ YES        □ NO        □ DON'T KNOW

2. How is a student referred to the learning support team? Who decides if a student will receive additional support?
   □ DON'T KNOW

   Comment:__________________________________________________________
   ___________________________________________________________________

3. How does the school inform parents/careers of any additional learning needs that their child receives and kept up to date as he/she progresses through school?
   □ DON'T KNOW

   Comment:__________________________________________________________
   ___________________________________________________________________

4. Whose responsibility is it for meeting the additional learning needs of the students in the school setting?
   □ DON'T KNOW

   Comment:__________________________________________________________
   ___________________________________________________________________

5. Is there anything you would like to add?
   □ DON'T KNOW

   Comment:__________________________________________________________
   ___________________________________________________________________

Please return to the Front Office by Friday 20 March. Alternatively email your response to: braidwood-c.school@det.nsw.edu.au.

Nerida Mosely
Principal

At Braidwood Central School we are considerate, responsible, enthusiastic achievers who care about ourselves, each other, the community and the environment.