Secondary School Captains 2016

Elections for 2016 Secondary Captains were held on Monday, with Simon De Costa, Sebastian Dyson, Isabella Hart, Corben Hart and Michael Butler nominating as candidates.

Congratulations to Isabella Hart, who has been announced as School Captain for 2016, and Michael Butler and Sebastian Dyson who will take up the positions as Vice Captains. Formal inductions will take place later this year.

Links to learning

On Tuesday 10 November five Yr 8 girls travelled to Queanbeyan for a ‘Girls day out’. This day involved the hairdressing, beauty and Diet with a practising nutritionist. Some hair styling and discussions surrounding beauty and the discussion surrounding diet with a practising nutritionist. One student is chosen from each primary class by the Assistant Principals.

Remembrance Day 11 November 2015

Staff and both Primary and Secondary students from BCS attended the Braidwood Remembrance Day ceremony on Wednesday. Due to wet weather the ceremony was held at St Bede’s school hall. BCS student Ashley Duffus, an RAAS cadet, took responsibility for the Australian Flag and the incoming School Captains laid a wreath. Lest we forget.

Another cracking drama production

The recent BCS production of The Nutcracker was created through a process of collaboration. The Yr 9/10 Drama students completed this performance project as a part of their studies exploring the roles, processes and elements of theatre making. All students participated in adapting the script, choosing the music, blocking the stage action, choreographing, dance and movement sequences, and designing promotional materials, costumes, sets, props and the lighting scheme.

The students developed this production over a period of 5 weeks, culminating in three performances. The first performance was for the highly receptive primary students of BCS and K-2 students from St Bede’s, as well as children visiting from Preschool and Purple House. Then the cast and crew gave two weekend performances to a wonderful audience of community and family members on the weekend.

BCS kinder students particularly enjoyed seeing Romney Smith as the rat king, as he recently worked with Ms Robens’ class on his Yr 9 work experience.

Each performer created fantastic characterisations—giving it all their energy and enthusiasm, and thoroughly enjoying sharing their retelling of this historical tale with the audience.

The students also really enjoyed the opportunity to work with our fantastic stage crew, behind the scenes helpers and the Lighthorse chorus of mice and snow fairies, (without whom this production would not have been possible). We would also like to thank John Owen Smith for allowing BCS the rights to perform his adaptation free of charge. His kindness has allowed the students of Yr 9/10 Drama to grow as performers and develop their understanding of children’s theatre and to discover the intricacies of the humour required when working to entertain young children and their parents.

A big congratulations to all the performers and we look forward to continuing to see you grow on the stage in future BCS productions.

More fabulous pictures are overleaf.

Assistant Principals’ Award

One student is chosen from each primary class by the Assistant Principals, Mr Clarke and Mrs Davis. Students must consistently display our PBS values of consideration, achievement, responsibility and enthusiasm. These award cards count towards the students’ Bronze, Silver and Gold awards. Congratulations to:

- Thomas Sheehy
- Poppies: Eva Deo
- Gallipoli: Olivia Baumann-Liornet
- Lighthorse: Anusha Bajacharya
- Squadron 34: Tayla Percy
- Coys: Ryan Clarke
- Troops: Amy Clarke

Love bites program

Yr 9 and 10 students participated in the Love Bites program this week. Love Bites is an extremely successful school-based Domestic and Family Violence and Sexual Assault prevention program that evolved on the Mid North Coast of NSW. The program is based on best practice standards for education programs as recommended by the Federal Government funded Australian Domestic and Family Violence Clearing House and other leading academics in the area of violence against women.

Over 100,000 high school students throughout Australia have participated in this interactive and innovative program and over 4000 workshops and teachers have been trained in NSW.

The program was delivered to BCS students by facilitators from the local area including our Police School Liaison Officer, Rebecca Lanyon, staff from Barnardos and Headspaces (i.e. Headspaces National Youth Mental Health Foundation Ltd).

Although students dealt with confronting issues the days ended with a focus on how students can actively campaign against domestic violence and sexual assault, and everyone took a lot away from the program. The work will start included White Ribbon Events planned for later in the year.

Parenting ideas by Michael Grose


Respectful Relationships – what do you need to teach your children?

By Vanessa Hamilton

Mid-Primary and early Secondary age is a critical time for our children’s development and learning skills around friendships, partnerships and relationships. The popular social, cultural and online world they are immersed in is providing them with inaccurate and adverse messages and images about what respectful human relationships look like.

Media, advertising, fashion, music, and popular culture are infiltrated with pornography concepts and gender inequality. Themes of power over another person, sexualization of young women and men, aggression, violence and force in intimate encounters is so mainstream now it is seen as legitimate amongst many males, as well as females, in our society. Young impressionable people soak up this popular culture, and many have 24-hour access to it. Unfortunately this exposure coincides with their approach to and journey through puberty.

Parents/carers and teachers may feel powerless against these prominent influences, when in fact, there is a lot we can do to facilitate a culture of respectful relationships for our young people. We need to provide them with alternative versions of relationships and sexuality.

Tips for parents:

- Model respectful relationships to one another as well as good communication
- Promote consent; explain that pressuring someone into something they are not into is ‘sex’, intimate encounters should always involve shared enthusiasm and motivation.
- Explain that porn is not how couples really have sex. Here is an analogy – just as car scenes in movies have explosions, crashes and speeding, that is not really how you drive a car. But normal/usual/fun/safe driving of a car is boring to watch on camera, so they fake it to look exciting - So to, intimacy and sex between two people is normal/usual/fun/safe but only enjoyable for the two people doing it, and quite boring to watch on camera.
- Porn is ‘made up’ depictions of sex, the people are actors, the bodies and positions are altered and enhanced and most importantly that is not how two people relate to each other in real life.
- Lose your embarrassment and fears by stripping back (excuse the pun!) your layers of your own thoughts and feelings, your journey/plans/pleasures/pleasures/experiences are not part of the discussion. You need to give them accurate information and simple answers to their questions.
- Talk in the car, where you don’t have to face each other.
- Give them reliable websites such as those found here: http://www.talkingthetalksexed.com.au/young-people-see-sexual-relationships.html
- Vanessa Hamilton has worked as a Sexual and Reproductive Health Nurse for more than 20 years, provided Sexual Health Education to a variety of groups and individuals for 15 years, and is also mother of 3 children. Vanessa is passionate about empowering the current generation of children with essential information for safe and positive relationship experiences over their lifetime.
CURRENT ROSTER

Week 7
- 16 November: World of Maths roadshow
- 17 November: School Discos, K-11, from 6pm
- 18 November: Yr 7 Orientation (incl. swimming test)
- 19 November: Yr 10 Work experience and Fire Cadets all week
- 20 November: Term 4

Week 8
- 23 November: Primary Captains speeches and elections
- 24 November: Kindergarten transition day 9:30am-2:30pm
- 25 November: Yr 10 Work experience and Fire Cadets all week
- 26 November: Primary Recognition Assembly at 12pm
- 27 November: Term 4

Week 9
- 30 November: Debating Yr7/8 and 11
- 1 December: White ribbon morning tea
- 2 December: Yr 6 Graduation and morning tea
- 3 December: White ribbon morning tea
- 4 December: Term 4

Upcoming Events
1. World of Maths roadshow 17 November
2. School Discos 18 November
3. 2016 Yr 7 Orientation (incl. swimming test) 18 November

Host Family needed

BCS has been given the opportunity to have another Japanese Teaching Assistant in our classes next year. This will be another great experience for all our students as, like our current assistant Yuya, the new assistant will help out in Secondary Japanese classes and visit Primary classes.

We need a family to agree to host our Japanese Assistant for 3 weeks from 20 February 2016, in a “home stay” setting. A host family will need to provide our Assistant with a bed (preferably in their own room) and 3 meals each day. In return, he will pay a small amount of “board”. The Assistant will come to school each day, but on weekends he would stay with the host family. He would probably appreciate a trip to Batemans Bay and/or Canberra, but will also enjoy experiencing life in regional NSW - whether you live in town or on a property - as it will probably be quite different to his home in Japan.

If you are interested in hosting our Assistant, or would like to know more, please contact Mrs Alisa Stephens as soon as possible by phoning or emailing the school.

EXPAND YOUR WORLD — WITHOUT A AIR-TICKET

Capture the spirit of fun and friendship in your own backyard! Department of Education-registered Southern Cross Cultural Exchange (since 1983) wants to provide your family with a different educational and cultural experience. Your children will also have the opportunity to improve their foreign language ATAR score by living a few months with a native speaker at home as a ‘sibling’. This is an invaluable opportunity to improve their foreign language ATAR score and their educational and cultural experience. Your children will also have the opportunity to improve their foreign language ATAR score and their educational and cultural experience.

Enjoy sharing cultures with your exchange student from France, Germany, Italy, Japan, Finland, Denmark, Norway, Sweden, Canada or the USA for 3, 5, or 10 months. Call S.C.C.E. now on 1800 500 501 or email scce@scce.com.au or visit www.scce.com.au and ask for a selection of profiles of incoming exchange students.

Congratulations Corben

Last week Corben Hart travelled to Wollongong to receive the prestigious Victor Chang School Science Award, which recognises students who have demonstrated the highest achievement in scientific studies throughout the year (pictured above right). Corben joined students from 21 schools in the Illawarra and South-East to attend the award ceremony at the University of Wollongong’s Innovation Campus. Guest speakers spoke to the students and their guests about the skills they develop through studying science and the opportunities science offers in the future.

All recipients of the Victor Chang School Science Award will now have the opportunity to visit the Institute, and carry out scientific experiments under the supervision of leading researchers.