Success Is Sweet: Charlie A Hit!

A large and appreciative audience came along to see the fabulous primary production of Roald Dahl’s Charlie and the Chocolate Factory on Friday evening and Saturday afternoon. They were treated to some terrific acting from the cast, including some inspired ad-libbing that helped the show flow... like the chocolate river that took Augustus Gloop away.

The talents and performances of the choir, band and dancers added to the entertainment and helped us to tell a fascinating and humorous story. Year K-2 students contributed with some excellent singing as orange faced ‘Oompa Loompas’ and very cute ‘peanuts’ [complete with peanut shells on their heads]!

It was a HUGE team effort. A big thank you to the teachers, staff, parents and secondary students who helped with student supervision, ticketing, publicity, costumes, props, back drops, make up, lighting, sound and catering. Check out the Braidwood Times this week for a review of the show and more photos. More pictures are also overleaf.

Well done everyone!! Chookas!

Road Safety Awareness Day

Last Thursday all students from Yr 10 and 11 attended a driver and road safety awareness day with all of our local emergency services, and some local people with personal stories to share about road safety.

Students had the opportunity to hear about the roles of NSW fire and rescue, police, ambulance and rural fire services when attending accident scenes. Police highway patrol showed everyone their radar and ticket book, and they even showed how they conduct drug and alcohol tests — using Mr Wall and Chloe, who both had zero readings.

The day was very informative but also had a very serious tone, with James Lefebvre and Judy Robbins sharing the tragic impact on their lives and the ripple effect when their children (who were former BCS students) died in motor vehicle accidents. Paul Costigan also shared his experience with the impact of a serious motor vehicle accident. The students would again like to thank all of the emergency service personnel and James, Judy and Paul in particular, who opened up their lives to the students and gave everyone such a moving day that they will all remember.

Save the date

The end of the year is always a very busy time, so we’d like to ask you to ‘save the date’ for the following events:

- The Nutcracker production on 6 November at 6pm and 7 November at 2pm [tickets are available from the office];
- Primary Recognition Assembly on 26 November;
- Yr 6 Graduation Assembly on 3 December;
- Carols by Candlelight (whole school) on 4 December;
- Presentation Evening (whole school) on 10 December;
- Primary end-of-year concert on 11 December.

More details will be provided as we get closer to these events.

Work experience reminder

All Yr 10 students are reminded to submit their work experience placement details to Mr Rob Martin, Careers Advisor, as soon as possible. If you require any assistance, please contact Mr Martin.

Assistant Principals’ Award

One student is chosen from each primary class by the Assistant Principals, Mr Clarke and Mrs Davis. Students must consistently display our PBS values of consideration, achievement, responsibility and enthusiasm. These award cards count towards the students’ Bronze, Silver and Gold awards. Congratulations to:

- Eagles: Kasey Batch
- Poppies: Cheyenne Murray
- Gallipoli: Faith Andruza
- Lighthorse: Zoe Campbell—Daysy
- Squadron 34: Luke White
- Coves: Hunter Gossman
- Troops: Gus Munnings

Grandparents and Special Guests Day

There were many excited K-6 children on Friday morning as they eagerly waited for their grandparents or special guests to arrive. Grandparents and special guest were invited into K-6 classrooms, treated to a slide show of photos from throughout the year and were given a taste of our Charlie and the Chocolate Factory performance.

There was a great turnout, which made the morning extra special. Thank you to everyone involved. More pictures are overleaf.

Parenting ideas by Michael Grose


Manage like a cat, nurture like a dog (Part 1)

Here’s how to get the mix of firmness and nurturing right when communicating with young people.

When speaking about raising teenagers I make the planned observation that parents should ‘manage like a cat and nurture like a dog’. So what does this mean?

Teenagers need a mix of firmness and nurturance from their parents. Like toddlers many teenagers wear L-plates when it comes to navigating their expanding world. Of course, the world a teenager inhabits is far broader than that of a toddler so the risks are multiplied hundredfold. They still need to be managed, but not necessarily in controlling or confrontational ways.

Due to physiological changes most teens will revert straight to their reptilian brains when they feel threatened or experience anger, aggressive discipline. They will fight you all the way, or escape conflict by going to their rooms or withdrawing into themselves. Better to manage like a cat so they hear your message rather than pick up your vehemence.

Finding your inner cat

We all have some cat and dog in us. It’s just a matter of accessing those parts and bringing them out when we need them. The cat is the credible side we all have, but find difficult accessing. It is always expressed through your non-verbals — that is, your tone of voice, your posture and your head.

A cat speaks with flat, clipped voice. His or her head is very still and body upright and confident. The quickest way to access your inner cat is to speak with you palms facing the ground. You can try this now. Stand up with both hands in front of you with your palms facing the ground. Now start speaking. You’ll find you naturally speak like a cat – clipped voice, still head and body and more serious expression. This is your credible [and calm] side.

When you speak from your cat side people will usually believe what you have to say. It gives you authority. Australia’s foreign minister Julie Bishop is a good example of using cat behaviour. Like her or loathe her you can’t deny she has authority. That’s because she accesses the cat side of her nature in public. You manage a teen like a cat by speaking calmly, quietly and staying still when you speak. Cats will also withdraw eye contact rather than stand and argue so look away or respectfully walk away rather than become involved in arguments. Cats also look for ways to manage visually (look away to indicate not arguing) or kinaesthetically (a touch on the shoulder, move close and whisper) rather than repeating themselves. If they do repeat themselves they are more likely to lower their voice than raise it to get attention. These cat behaviours work well when managing teens.

See next week’s column to find out about using your inner dog and bringing these methods into your parenting.
Do you have a Perpetual trophy at home? If so, please return it to the front office immediately as all trophies need to be engraved with the names of new recipients. We appreciate your assistance with this matter.

Summer holiday activities in Braidwood
Watch this space in coming weeks for information on Summer Holiday Activities from 12-21 January, supported by Braidwood Community Arts Centre.

School Uniform
Did you know that some of the benefits of wearing school uniform include:

- improved safety of students;
- less peer pressure;
- development of school spirit;
- cost effectiveness; and
- WHS requirements are met for practical classes?

Crunch and Sip
Our new Crunch and Sip program is now up and running in the Primary classrooms. Students will crunch and sip in their classrooms first thing in the morning, while rolls are being marked from 9:00am, rather than eating before the bell. All students need to bring:

- a water bottle with their name on it; and
- a fruit, or salad vegetable, snack.

Notes that went out this week
1. Yr 7 Orientation Day swimming assessment
2. K-8 World of Maths Roadshow
3. Picasso Cow presentation day

If you have not received a copy of a note that is relevant to your child, please see the website: http://www.braidwood-c.schools.nsw.edu.au/notes or contact the office to obtain another copy.

Menzies Property Services
Position Vacant
School Cleaners. Experience preferred but not essential as training will be provided. Morning and afternoon shifts. Working with children certificate is required. For information contact Mark Green on 0418 999 368.

2016 Wombat Calendar
The ever-popular Wombat Calendar is back with 13 stunning, high resolution photographs of both Baree- Moord and Southern Harpy- Rock Wombats featured in all ages, sizes and in various settings. All about images of wombats and corresponding monthly calendar with plenty of writing room.

Crunch and Sip
Stepping Stones Triple P Parenting Seminars Series
"In this workshop, you will learn more about parenting. While there are some things where things are a little tricky. Like when your toddler starts getting into things they shouldn't. This workshop will help you understand the why behind it all and how to approach it in a positive way."

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