**Coming Events**

- **Monday 24th June**
  - Trial HSC Continues
  - Year 12 students will continue their Trial HSC this week. Exams are being held in the mezzanine area of the gymnasium.

- **Tuesday 25th June**
  - Primary Debating
  - Primary silver excursion

- **Wednesday 26th June**
  - Last Day of Term 2

- **Thursday 27th June**
  - Primary Debating

- **Friday 28th June**
  - Primary silver excursion

**School return dates for Term 3**

- Staff return Monday 15th July
- All students return Tuesday 16th July

Please note: the deadline for newsletter submissions is 3.10pm Friday. Submissions received during the school week will go in the following week’s newsletter. All submissions should be submitted electronically to the email address below.

**Principal’s News**

- **Trial HSC Continues**
  - Year 12 students will continue their Trial HSC this week. Exams are being held in the mezzanine area of the gymnasium.

- **Public Speaking**
  - Braidwood Central will be hosting Exeter Primary and Burrawang Primary teams on Monday June 24th for a public speaking competition. I would like to thank Mr Julian Davies and the Primary staff for their work in hosting this event. It is fantastic to see our young people performing so well in what many find a daunting thing to undertake.

- **TAFE Taster Day**
  - On Wednesday June 26th Year 10 will attend a TAFE Taster Day in Goulburn. This is a great opportunity for Year 10 students to gain a good idea of what TAFE can offer and possible career paths that they may like to pursue. I am sure that they will have a very informative time.

- **Debating News**
  - Our BCS Primary debating team will debate Crookwell Primary at BCS on Thursday June 27th. The Primary is developing a number of very good debaters who are learning this important craft at a young age. It will be a valuable skill to carry forward into the high school.

- **School for Scandal**
  - Year 11 Drama class will be presenting a performance of “A School for Scandal” on Thursday, Friday and Saturday evenings. The students and their teacher, Ms Elisa Bryant have put an enormous effort into this production and I believe that anyone attending will come away very impressed with what these young people are capable of.

- **TAFE Careers Path Graduation**
  - During this semester a number of students have been spending a day a week at Goulburn TAFE experiencing a number of courses. What they have learned will count as prior learning should they return to any of the courses to complete them. I congratulate all of the students involved both for their hard work and their determination in “going the distance”. The graduation will be held on Friday June 28th. Well done!

**KINDERGARTEN and YEAR 7 INFORMATION NIGHT**

Braidwood Central School is accepting enrolments for: 2014 – Kinder and Year 7.

**Wednesday 31st July (Week 3 Term 3)**

- from 6pm to 7pm in the School Library.

This will coincide with Education Week.
Kindergarten to Year 11 Reports
Kindergarten to Year 11 reports will be issued on Thursday June 27th.

Braidwood Central School Parent Teacher Student and Community Forum
On Sunday July 4th a very important event will be held at Braidwood Central. Under funding made available by the “Empowering Local Schools Program” Braidwood Central will be holding a forum designed to develop strategies to more effectively engage the community in the operation of the school.

Schools in the 21st century need to be more transparent in communicating their core business to the community and they will need to utilise the very many skills that exist within the community in general to assist in the development of students. Much of the friction that can develop between a school and its community arises from either miscommunication or a lack of communication in both directions. This forum will go a long way to creating a more open environment with readily accessible and clear line of communication to the appropriate levels for the appropriate reasons.

Staff, students, parents/caregivers and the wider community will receive access to survey tools designed to produce data prior to the forum on what areas and issues the forum might wish to explore and develop solutions to.

The forum and surveys are not designed to apportion “blame”. That would be counterproductive. Rather, they are designed to identify issues and arrive at workable solutions that meet the needs of all stakeholders. Parents, caregivers and community members are urged to complete the survey monkey link contained in the P&C section of the newsletter. Staff and students will be able to complete their surveys at school.

In addition, mark down the date for the forum. This is your opportunity to build on what has already been achieved and make Braidwood Central School all that it can be.

Please use the following emails to indicate your indicate your intention to attend the forum:

bidda.jones@gmail.com during the holidays, or
braidwood-c.schools@det.nsw.edu.au

Rod McClure
Principal

Deputy News
Half Yearly Reports
Kindergarten to Year 11 ½ Yearly reports will be issued to students on Thursday 27th June. Parents/Carers are encouraged to contact the school on Friday if they wish to discuss the contents of the report.

Hand, Foot and Mouth Disease
The school has been notified by the Department of Health that there have been some cases of Hand, Foot and Mouth Disease in the local area.

Hand, Foot and Mouth Disease is a common viral infection which is easily passed from person to person. It usually causes a mild illness. Good hygiene helps prevent infection.

Hand, Foot and Mouth Disease is not notifiable. Children with symptoms of Hand, Foot and Mouth Disease should be excluded from school until their blisters have dried. To help prevent the spread of the disease parents should report the illness to the school.

Please find attached to this newsletter a fact sheet to assist parents.

Head Lice
Recent weather conditions have caused an outbreak of Head Lice. Please check your children regularly and treat as necessary. Information sheets have been attached to this newsletter with instructions on how to treat Head Lice.

Peter Neilsen
Deputy Principal

Year 12 English Studies students would like to thank the Braidwood community for their contributions and efforts towards making Pink Cricket Day 2013 a success. In total we raised $2000 for the McGrath Foundation! This money was raised through a combination of different activities, such as: sausage sizzle, local meat raffle, the
pink quilt raffle, fairy floss, donations, participation money and selling of merchandise. This year we are proud to be able to say that we managed to get students from K – 12 involved. Year Eleven students and Mr Creenaune ran the senior school cricket rounds on the school oval. Whilst Year Twelve students ran the primary school rounds on the Police paddock and Ms Bryant took the infants for some cricket based games. Sadly, we were unable to run the teacher/students game because of the weather. However, the rest of the day was great.

Year Twelve would like to pay particular thanks to all the community members, family and students who helped make the pink quilt! The highest praises are also owed to Deb Stuart from the front office who sewed ALL the quilts together; a king size, two knee rugs and pillow cases. In total we had OVER A THOUSAND SQUARES!

We are also pleased to announce the winners of this raffle:
1. FIRST PRIZE (King size pink quilt and two pillow cases) to Mrs Vanessa Willetts
2. SECOND PRIZE (Knee Rug) to Matilda Jeffrey Year Two
3. THIRD PRIZE (Knee Rug) to Peter Neilson

The whole town of Braidwood should be incredibly proud of their ability to come together and raise so much money for such a worthwhile cause!

Thank you again,
Joe Walden, Sam McGlone and Zac Faichney - The best English Studies class that ever was and ever will be –

Joe, Sam and Zac have worked endlessly hard for this cause two years in a row. They deserve our praise and congratulations for all their efforts and the success they have had.
Thank you boys!
Ms Bryant

Primary News

Student of the Week
Our Students of the Week are now being chosen by the Assistant Principals, Mr Clarke and Mrs Davis. They nominate students who consistently display our PBS values of consideration, achievement, responsibility and enthusiasm.

Swans: Reegan Saunders
Diamantinas: Romany Gleeson
Alligators: Pip Cram
Daintrees: Imogen Dixon
Macquaries: Maxyne Prothero
Parramattas: Thomas Sephton
Cotters: Jasmine Potter
Franklins: Tasha Tisdell

Primary Raffle
The raffle was drawn in front of some very excited students at last week’s assembly. Congratulations to all of our lucky winners: Robert Hogg won the firewood, Tasha and Drew Tisdell won the Brumbies jumper, Melissa Filmer won the basket of Nutrimetics, Marg Lang won the felted scarf and Francine Magsino won the sterling silver pendant. The family movie pass was won by the Shea family for selling the most tickets. Special thanks must go to Stephen and Claire Shea, Ravin Reddy, Lis Mertens, and Rick Davis for their very generous donations. Thanks also to the many people who bought and sold tickets to make our raffle such a great success. The raffle raised approximately $600 which will go towards reducing the cost of excursions for all Primary students.

Silver excursion
Primary students who have received ten or more white or green card awards this year will be invited to participate in our silver rewards excursion to the Bakery this Wednesday 26th June.

Wendy Davis
Relieving Assistant Principal

Missing jacket
Jasmine Gilroy-Brown from Kindergarten has lost her brand new blue water-proof school jacket. It is lined with polar fleece. It has her name on the tag and the surname Knowles on the inside. Jasmine’s mother is offering a reward for the return of the jacket.

Secondary News
You are all invited to attend the Year 11 Play
The Year 11 Drama students at Braidwood Central School have been working hard to produce their own contemporary reinterpretation of R.B.Sheridan’s A School For Scandal; however, in the process we have murdered the author! Students have been seeking an answer to the question, “How do we define
contemporary performance?", through a study of: Realism, Comedy of Manners, Theatre of Death, Melodrama, Grotowski’s "Poor Theatre", Physical Theatre, Pantomime, Commedia Del’Arte, Artaud’s theatre of Cruelty, Tragedy, Brecht’s "Epic Theatre" and Lehmann’s definition of Post Dramatic Theatre. It is our goal through the deconstruction of several styles of theatre to create performance that is 'TOTAL' - VOCAL - PHYSICAL - DYNAMIC - Our performance is akin to a theatrical essay, explored through the lens of intense training & high level theatrical knowledge.

ETHAN CHINNERY as SIR PETER TEAZLE
ISAAC FOREMAN as JOSEPH SURFACE "SNAKE"
MITCHELL SNELLING as CHARLES SURFACE
KRISTINA HOLCMAN as LADY TEAZLE
NATALEE STONE as MARIA
LIAM MCCLURE as LADY SNEERWELL

DIRECTED by ELISA BRYANT

PERFORMANCES: 27th, 28th and 29th of JUNE, 7pm, BCS SCHOOL HALL
ADULTS $15 CONCESSION $10

Thanks
Elisa Bryant

P&C News

MEETING SUMMARY
Thank you to the stalwart few who came to the P&C meeting last week. We had a number of good discussions despite the small turnout. Peter Neilsen gave us a very informative account of the ALARM training that has been mentioned in previous newsletters, which should help our students understand how to better answer assessment questions. We also talked about the question of the ‘right’ amount of homework in secondary school and electronic access to deadlines and assignment tasks to help ensure parents are informed about homework and classwork expectations – an issue that is sure to be raised in the upcoming School-Community Forum. Thank you to those who submitted fundraising ideas – more on this next term - but if you have any further ideas keep them coming in. The next P&C meeting will be in Week 3 of next term: 7pm on 31 August.

LAST CHANCE TO COMPLETE YOUR SURVEY!

Thank you to everyone who has already taken 5 minutes out of their day to complete the parental engagement survey. If you haven’t had the chance to put in your views yet, there is still time – the survey will now be open until the second week of the holidays.

The Parent and Carer survey is available online at this link: http://www.surveymonkey.com/s/F3RBN95

The general P&C email is bcspandc@gmail.com or you can contact me directly at bidda@sharewater.net, 4842 7189 or 0422 542175.

Bidda Jones
President, BCS P&C

Permission Notes

Local Area Excursion – Infants and Primary 2013

I give _____________________ Class ______________ permission to leave the school grounds to participate in local area excursions during 2013. I understand I will be provided with details of a particular excursion at the time it is to take place and students will be fully supervised at all times. Transport for these local venues will be by school bus or students will walk to the destination.

Signed: _____________________ Date: ___________
Parent/Caregiver

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Bidda Jones
President, BCS P&C
# Braidwood Central School – Schedule of Voluntary Contributions - 2013

- General School Contributions are payable by all students and cover Music/Computer Education and Career Education depending on what year the student is in.
- Contributions may be paid by instalments during the year.
- Student Assistance is available for elective subject contributions.
- Elective contributions due by Week 8.

- Students cover the cost of their projects/jobs or bring in their ingredients. Additional copies of this form are available from the Administration Office.

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<tr>
<th>Name of Student</th>
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<tr>
<td>Year 9-12 Information Software Technology</td>
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## 2013 INTERNATIONAL COMPETITIONS AND ASSESSMENTS FOR SCHOOL (ICAS) REGISTRATION SLIP

I give permission for my child ________________ of __________________ Class ____________________

To participate in the following 2013 International and Assessments for Schools (ICAS):

- Computer Skills – enter by 23 April 2013 ( $8.80 GST inclusive) Year 3-12 – CLOSED FOR ENTRY
- Science – enter by 8 May ( $8.80 GST inclusive) Year 3-12 – CLOSED FOR ENTRY
- Writing – enter by 20 May ( $18.70 GST inclusive) Year 3-12
- Spelling – enter by 21 May ( $12.10 GST inclusive) Year 3-7 ONLY
- English – enter by 3 July ( $8.80 GST inclusive) Year 2-12
- Mathematics – enter by 16 July ( $8.80 GST inclusive) Year 2-12
- All of the above ( $66.00 GST inclusive)

Please find enclosed ___________ Amount

Please make sure your child/ward is eligible for the spelling component

Please note the dates listed above are the cut off dates for registration

**Direct Deposit Information**

Account Name: Braidwood Central School
BSB: 032-001
Account number: 162198

Please use “ICAS” and your name as the reference with your deposit

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<th>Direct Deposit used</th>
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**Total Cost for Student Contributions**: $


**Factsheet**

**HAND, FOOT AND MOUTH DISEASE**

Hand, foot and mouth disease is a common viral infection which is easily passed from person to person. It usually causes a mild illness. Good hygiene helps prevent infection.

Last updated: 03 April 2013

What is hand, foot and mouth disease?

Hand, foot and mouth disease is generally a mild illness caused by a number of enteroviruses, particularly coxsackieviruses. It is usually not a serious illness, and occurs primarily in children under 10 years of age but can also occur in older children and adults. It is not related to the foot-and-mouth disease that affects cattle.

What are the symptoms?

- Enteroviruses such as coxsackieviruses may cause no symptoms at all or only very mild symptoms.
- When symptoms do occur, they include blisters that start as small red dots which later become ulcers. Blisters appear inside the cheeks, gums, and on the tongue, as well as on the hands and feet. In infants, sometimes blisters can be seen in the nappy area. Blisters usually last for seven to 10 days.
- Children can sometimes have a low fever, irritability, sore throat, tiredness, feel off colour and may be off their food for a day or two.
- Very rarely, the enteroviruses can infect the lining of the brain and spinal cord (known as viral meningitis) or other parts of the body.

How is it spread?

- Hand, foot and mouth disease is usually spread from person-to-person through faecal contamination (which can occur when changing a nappy or using the toilet and not properly washing hands afterwards), or spread through respiratory secretions (saliva, sputum, or nasal mucus) of an infected person. It is also spread by secretions from the mouth or respiratory system, and by direct contact with the fluid from blisters.
- With small children, sharing of toys that may have been in another’s mouth can also spread infection.
- It usually takes between three and five days after contact with an infected person before blisters appear. The viruses can remain in faeces for several weeks.

Who is at risk?

- The viruses that cause hand, foot and mouth disease are common and particularly affect children.
- Many adults, including pregnant women, are often exposed to them without symptoms. There is no clear evidence of risk to unborn babies from hand, foot and mouth disease. However, infected mothers can pass the infection onto newborn babies who rarely can have severe disease.
- Outbreaks may occur in child care settings.

How can it be prevented?

- Good hygiene is the best protection. Wash hands with soap and water after going to the toilet, before eating, after wiping noses, and after changing nappies or soiled clothing.
- Avoid sharing cups, eating utensils, items of personal hygiene (for example: towels, washers and toothbrushes), and clothing (especially shoes and socks).
- Thoroughly wash any soiled clothing and any surfaces or toys that may have been contaminated.
- Teach children about cough and sneeze etiquette.
- Cough and sneeze into your elbow (rather than your hands) or cover with a tissue.
- If you use a tissue to cover your nose and mouth, put the tissue in the bin straight away.
- Wash your hands afterwards with soap and water.

How is it diagnosed?

The doctor can diagnose hand, foot and mouth disease based on the symptoms. Laboratory tests are not usually necessary.

How is it treated?

- Usually no treatment is needed. Paracetamol will relieve fever and discomfort. Do not give children aspirin.
- Allow blisters to dry out naturally. The blisters should not be deliberately burst because the fluid within them is infectious.
- If the headache is severe, if fever persists, or if you are worried about other symptoms, consult a doctor.

What is the public health response?

Hand, foot and mouth disease is not notifiable. Children with hand, foot and mouth disease should be excluded from school or childcare facilities until their blisters have dried.

To help prevent spread, parents should report the illness to the director of the childcare centre or school principal.

Further information - Public Health Units in NSW

For more information please contact your doctor, local public health unit or community health centre - look under NSW Government at the front of the White Pages.

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<th>Metropolitan Areas</th>
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<td>Newcastle</td>
<td>02 4934 4477</td>
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<td>Justice Health Service</td>
<td>Parramatta</td>
<td>02 8849 3600</td>
<td>North Coast</td>
<td>Tamworth</td>
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http://www.braidwood-c.schools.nsw.edu.au

24th June 2013
Tips for Talking Smoking at Home #5

Communication between parents and children is critical in helping to arm kids to make healthy choices. Parents who begin early – and keep renewing the conversation with their kids about the dangers of tobacco and the ads their kids see every day – are more likely to arm their kids against the dangers of tobacco later. Each week, we’ll bring you a tip to help you talk about smoking with your children.

Encourage your child to get involved in activities that prohibit smoking, such as sports.

For support to quit smoking, call the Quitline on 13 78 48.

For more information about Tobacco Control in Southern NSW LHD, visit

Braidwood Central School

The Murder of R.B. Sheridan
(A School for Scandal)

Bookings: 48422249

Performed by Year 11 Drama    Directed by Elisa Bryant
27th, 28th & 29th JUNE, 7pm, BCS School Hall
Adults $15 Concession $10
Head lice are only found on the human head. They are not found on any other part of the human body, although there are other types of lice that do infest other parts of the human body. Nor are they found on any other animal. Head lice do not live on furniture, hats, bedding, carpet or anywhere else in the environment. Treating anything other than the human head does not eradicate head lice.

Before you choose a treatment for head lice, consider the following:

- Make sure that the heads you treat actually do have head lice and do not treat unless they do.
- Do not treat babies or a scalp that is irritated or inflamed.
- Do not let product into eyes.
- There is no preventative treatment available. While it is tempting to "do" the whole family, unless they actually have head lice you may be contributing to the problem of resistance.
- Any product applied to the head should be used with caution, particularly on young heads. READ THE LABEL.
- Use your common sense when selecting a head lice treatment. There is nothing natural about pouring a product on a head!
- Some essential oils, including tea tree oil, can trigger a reaction in some people. Tea tree oil is a proven antiseptic, however, its efficacy as a head lice treatment has not been demonstrated.
- Many products have a very strong smell. A strong smelling substance left on the hair for any length of time may trigger a reaction.
- Certainly try a commercial head lice preparation, but read the label first and apply strictly as directed. Again, in desperation it can be tempting to change the dose in an effort kill the lice. However, increasing the dosage does not enhance efficacy of treatment products.
- Apply product to every strand of hair and work through, leave for 20 minutes, and comb out with a good quality lice comb.
- If dead lice are found, the product has worked. But you must retreat in seven days to catch nymphs that have emerged from unhatched eggs.
- If you find live lice, the treatment probably hasn't worked. Either use another product with a different active ingredient (read the label) OR try the comb and conditioner method.
- Reduce transmission by tying hair back and braiding. We now it's hard for young girls to consider this cool, but try it!
- Regularly check your children's hair. Young girls growing up often become very independent about their hair care and it can become difficult to convince them that it's important for you to continue checking their hair. Try to persist or show them how they can check their own hair when they wash it in the shower or bath.
- Keep a good quality head lice comb in the shower so that every time anyone washes their hair they use the comb. The more folk know about simple management methods the easier it will be to reduce the problem. But it takes time!
- Do not use insecticides, methylated spirits or kerosene on your child's head.

What's the comb and conditioner method?


29/11/2007
Head lice breathe through small openings along their abdomens called spiracles. By coating the hair and therefore the louse in something thick and slimy, these openings close over, shutting down the louse’s breathing for about 20 minutes.

Head lice can move very fast across the scalp. Using a head lice comb on a dry scalp will often miss many lice as they are very clever at avoiding being caught. While unfortunately the louse doesn’t die with this method, it does slow it down so that you can catch them.

Any thick and slimy substance applied to the hair will have the same effect. Some parents swear by mayonnaise or olive oil, though it does seem logical to use simple hair conditioner. It can be difficult to wash out oils easily and using mayonnaise does seem a waste! Nevertheless the principle is the same; the lice will be slowed down so that you can comb them out.

Applying conditioner, or any other slimy product, will not kill nor remove eggs, although some good quality lice combs will remove them.

**Nitbusting at home**

Nitbusting can be a time-consuming task. If Nitbusting at home with your child, do the following:

1. Try sitting the child between your legs on a low stool and putting on a video for an hour while you work.
2. Wrap a towel or kitchen paper around the child’s shoulders to catch conditioner spill.
3. Remove any scrunchies, ribbons clasps, etc. from the child’s head and comb out plaits and braids.
4. Apply liberal amounts of conditioner to the scalp and massage it through all the hair shafts. You will use a lot of conditioner. Every hair has to be coated to ensure it reaches the lice.
5. Lice live close to the scalp, so make sure that you cover the hair shaft close to the scalp. You don’t have to work the conditioner onto the whole length of the hair. Combing will spread it well enough. The idea of the application is to restrict the movement of the head lice long enough for you to catch them with a comb.

6. After you've applied the conditioner, use a large comb to part small sections of the hair starting from the nape and working upwards toward the crown. Eggs are often found behind the ears and toward the back of the head. By using this method, you are more likely to find the head lice on top of and toward the front of the head.

7. When the hair is detangled and manageable, use a fine lice comb to comb out each section several times.

8. After each comb out, wipe the conditioner on the paper towel. If the child has head lice, you will see them on the towel.

9. Keep combing each section of hair until no further lice, nympha or eggs appear on the paper towel. Often you will see lots of old egg casings that may take awhile to remove.

Once you have combed and recombed each section of hair, either re-plait or tie it back. If it is very short, suggest to the child some interesting styling! Young boys often like their hair spiked up or Mohawk-like!

**Treating long hair**

Depending on the hair length and type, it is often easier to neatly section long and thick hair before applying conditioner to avoid getting the hair into a terrible tangle.

1. Part long hair once from forehead to scalp, and use hair clips to keep the part in place.

2. Apply conditioner along the part line and massage in with the comb. This is to stop lice from crossing from one side of the head to the other.
3. Part the hair in a straight line from ear around scalp to centre part and clip or pin top section to crown of scalp.
4. Apply conditioner again to the part and massage in.
5. Apply more conditioner to loose hair down to nape of neck.
6. Use the head lice comb to comb out the conditioner. Start at the base of the hair shaft and comb down the length of the hair in one stroke.
7. Wipe the comb on a paper towel and check for lice. Lice are easily identified on the paper towel. Continue combing this section until you are certain you have covered the area several times.
8. Repeat the sectioning on the other side of the part towards the other ear.
9. After you’ve done these two sections, continue parting horizontally from the centre part sections of hair and apply conditioner and comb out as before.

Other things you should know

Head lice often congregate on the crown of the head, so that it is not until you reach these last sections of hair that you find adult lice. However, heads that are severely infected will have adult lice everywhere.

A good head lice comb should also remove nymphs, the stage between egg and adult louse—teenagers readily. These can be difficult to identify with the naked eye, but appear as small insects on the paper towel.

For more information, see the James Cook University’s Head Lice Information sheet.


29/11/2007
Advertisements

Basketball Note

To all the interested Basketball Players in Braidwood!
The BCS Gym is officially opened.
There will be Social Basketball on Monday Evenings starting from Monday the 17th of June 2013.
The cost will be in-between $4 to $7 to cover the hiring costs of the Gym and it also depends how many players attend the social game. The social basketball games will occur during the school terms unless organised by players.
For more information, Please contact Mr Rav Reddy on Ph: 48422249
Thank you

For Sale

Tasman Eco Cot with mattress and matching change table
Excellent condition
Paid $1000 for it but selling for $500
Phone 48422760 or 0428567759