Coming Events

Monday 11th November
Years 5/6 Camp Borambola

Tuesday 12th November
Years 5/6 Camp Borambola
Year 8 ESSA

Wednesday 13th November
Years 5/6 Camp Borambola
Year 7 Questacon
Yr12 Sign Out Breakfast

Thursday 14th November
Years 5/6 Camp Borambola
Year 7 dinner @ Servicemen’s Club 6pm

Friday 15th November
Years 5/6 Camp Borambola
Thumbelina 6.30pm

Please note: the deadline for newsletter submissions is 3.10pm Friday. Submissions received during the school week will go in the following week’s newsletter. All submissions should be submitted electronically to the email address below.

If you would like to receive the Braidwood Central School newsletter by email, please contact us at braidwood-c.school@det.nsw.edu.au

The newsletter is also available to download each week from our school website.

Front Office Phone
4842 2249
Canteen Phone
4842 2251

Principal’s News

Year 12 Formal
I had the pleasure of attending the Year 12 formal on Friday night at the National Theatre. All of the students looked wonderful and really enjoyed their last time all together at a school function. It was great to be able to talk to the students and their parents and carers and wish them much success in their life after school. Many thanks to Mrs Alisa Stephens and her band of Year 11 helpers who not only fund raised and organised the evening but also did the catering with the help of Jane from Torpeas. Well done to all involved it was a hugely successful night.

Thumbelina
Last weekend saw the opening three shows of the 9/10 Drama production of “Cornelius and Thumbelina” produced by Elisa Bryant. The students did a fantastic job with great acting, singing costumes and set design. If you missed the shows there are three more shows this coming weekend. Friday and Saturday night at 6:30 with Briana Jenkins playing Thumbelina and a Saturday matinée starting at 2pm with Inga Neilsen playing Thumbelina. A great show for all ages so spread the word. Tickets available at the office and at the door prior to the show.

AFL Gala Day
Students from Kinder to Year 4 participated in an AFL gala day last Thursday joining students from St Bedes at the Recreation Ground. The students had a great day. Many thanks to the Year 9 and 10 students who assisted with the activities with the groups. Your efforts and manner did not go unnoticed with community members writing to the school commending your efforts.

Primary SRC Bushfire fundraiser
The Primary SRC bushfire appeal cake stall and mufti day last Friday was a huge success raising $398.75 for the Rural Fire Service. This was a great initiative and showed great citizenship.

5/6 Camp to Borambola
Year 5 and 6 are currently on camp at Borambola Sport and Recreation Centre near Wagga Wagga. I am sure they will have a great time and experience lots of activities and situations that are not only fun but also character building. There will be a full story and photos when the students return from camp. Thanks to Mrs Sweeney and Mr Clarke for escorting the students.
ESSA
Students in Year 8 will be sitting the Essential Secondary Science Assessment this Tuesday 12th November periods 3&4.

Year 7 Parent Dinner
Ms Jo Parsons has organised another dinner for the parents of her year group Year 7 this Thursday night at the Braidwood Servicemen’s club at 6pm.

Deputy Principal
I would like to thank Mr Mick Wall for relieving as Deputy Principal for the last 5 weeks he has done a great job. From this Thursday Mrs Vanessa Willetts will relieve as Deputy Principal for the remainder of this term. As we move into the second half of the term please remember that I am always available if you need to discuss any aspect of your child’s schooling.

Peter Neilsen
Relieving Principal

Deputy News
Uniform
Reminder to Year 7 students that full school uniform is required to participate in the excursion to Questacon.

Chicken Pox
There has been a chicken pox outbreak in the Braidwood community over the past week. Please be vigilant and keep students at home if they exhibit symptoms. Please refer to the Department of Health fact sheet at the end of this newsletter for more information.

3 Day Events
Years 6-11 have the opportunity to participate in the 3 Day Events as a reward for good behaviour and as a wind down to the end of the year. I would like to take this opportunity to remind all parents and students that it is only students who are doing the right thing at school, who are eligible to participate. The Primary school 1 day event has the same protocol for behaviour and participation.

Year 12 Sign Out Breakfast
All exiting Year 12 students are invited to attend the sign out breakfast this Wednesday 13th November and return their textbooks. Anyone else who wishes to return their textbooks or overdue library books please do so to the office at any time. This would be much appreciated.

Thanks
I would like to thank staff, students and parents for their support over the past 5 weeks, especially with regards to mobile phones at school and uniform.

Mr Mick Wall
Relieving Deputy Principal

Primary News
Student of the Week
Mr Clarke and Mrs Davis nominate students who consistently display our PBS values of consideration, achievement, responsibility and enthusiasm to receive Student of the Week awards. Congratulations to these students:

Swans: Olivia Baumann-Lionet
Diamantinas: Romany Gleeson
Alligators: Ty Boyle
Daintrees: Penny Appleby
Macquaries: Luke McGrath
Parramattas: Maxx Bigg
Cotters: Scott Roach
Franklins: Will Shoemark

Kindergarten 2014
Our first transition day for children starting Kindergarten in 2014 is on this Wednesday 13th November from 10am until 12pm and will be run by Mrs Wendy Davis. The children will need a morning snack and drink and a hat. Other transition dates are Wednesday 20th November, Tuesday 26th November and Thursday 5th December.

All children who are beginning Kindergarten next year are invited to attend one, two, three or all four of these sessions, which are a wonderful opportunity for children to become familiar with ‘big’ school. There will be a parent orientation session and morning tea in the library during the last session on Thursday 5th December.

If you know of any families who have children starting school next year please pass this information onto them.

Cornelius and Thumbelina
Everyone enjoyed this wonderful production by Ms Bryant and her 9/10 Drama students. Kindergarten students were star-struck after the show and were very excited when Thumbelina came up to the classroom for a visit. If you haven’t seen the show yet it’s on again on Friday 16th November and Saturday 17th November so make sure you don’t miss out!

The Primary school students had a mufti day and cake stall to raise funds for the RFS. We would like to thank the wonderful parents and staff who baked delicious cakes and slices and sent in money for the children to purchase them. $398.75 was raised for this very worthwhile cause. Thank you also to Miss Clark and the Primary SRC who did a great job running this very popular event.

In this photo Kindergarten students are dressed in their red, orange and yellow ‘fire’ colours for mufti day while they enjoy a story being read by Miss Elizabeth Cozens. Elizabeth is a pre-service teacher from Charles Sturt University Bathurst and we have been lucky to have her working in the Kindergarten classroom for three weeks.
Secondary News

Year 8 ESSA Test
Year 8 will sit the state wide ESSA exam for Science during the week of 11th-15th November 2013. This test will be completed online. Students will need earphones (such as for an ipod) for this exam. Could parents/caregivers please ensure that students bring their own if they have access to them. Your assistance is very much appreciated.

Primary & Secondary News

Homework Centre
The Homework Centre is operating again this term. Mr McClymont will be available on Mondays and Wednesdays in the Library from 4pm to 5pm. Students are encouraged to use this quiet time to do research using the Library’s facilities and/or gain advice from Mr McClymont and other teachers who may be available.

David McClymont

‘Cornelius & Thumbelina’
‘Cornelius & Thumbelina’ is the latest “must see” Braidwood Central School production put on by the Year 9/10 Drama students under the very creative direction of English/Drama teacher Elisa Bryant. I was lucky to see the play a couple of times and to see the two different Thumbelina’s each bringing their unique adaptation to this classic Hans Christian Anderson tale. Ms Bryant has brought Cornelius and Thumbelina into the 21st Century making it both relevant and appealing to all age groups. The costumes, the dialogue, the music and modern humour make the production both fun and entertaining for both the audience and performers. It is wonderful to see the students thrive under the clever and imaginative direction of Ms Bryant. The play is running again this Friday evening 6.30pm, Saturday matinee 2.00pm and Saturday evening 6.30pm.

Sarah Merriman
Proud Parent
Braidwood

Review
AB FAB! – ‘Cornelius & Thumbelina’
I had the privilege of watching BCS students in the show ‘Cornelius & Thumbelina’ on Saturday afternoon. ABSOLUTELY FABULOUS are the only words to describe the production. Clever, minimal sets, wonderful costuming, great songs and music. It’s an old story with a modern twist, telling a wonderful tale of the search for love and the journey to hold on to it. Huge credit to the wonderful students, and their interpretation of the various characters on stage. The scenes and concept changes, made it a delightful journey to watch. I had a smile on my face from start to finish – I even saw one parent, wipe tears from her eyes. If you don’t see another production this year, make sure you see ‘Cornelius & Thumbelina’. You won’t be disappointed! Congratulations to all and especially Miss Bryant whose leadership has ‘shone’ through.

By Kylie Walker

Congratulations to year 9/10 Drama students and the wonderful Ms Bryant for their theatrical adaptation of ‘Thumbelina’.

I was so impressed with this enchanting production, which is both humorous and well-acted. Each student brings their own unique interpretation to their particular character. This along with great costumes, props and song selection had the audience captivated from beginning to end. What a triumph!

I encourage anyone who has not yet seen ‘Cornelius and Thumbelina’, to treat yourself to an hour and a half of enchantment.

Emma Munnings

P & C News

Contact the P&C
The P&C email address is bcsinandc@gmail.com or you can always contact me (Bidda Jones) directly at bidda@sharewatert.net, 4842 7189 or 0422 542175.
Cornelius and Thumbelina photos contributed by Kylie Walker
P&C Canteen News Week 6 Term 4 2013

This term we will be having Pizza Slice Monday!!! Come in and grab a yummy slice of Pizza for morning tea for only $1.50 a slice!!!! Pizza will vary from Ham and Cheese, Hawaiian, BBQ Chicken and meat lovers; we will even be trying Mediterranean MEAT FREE!!!! Please remember for this term only and we will NOT be Having pizza muffins on Monday mornings for this term only!

On Monday 2nd December (Week 9) we would like to CELEBRATE SUMMER with a Smoothie Day!!!! We will be running a competition for the best smoothie recipe. We have had a couple of interesting and yummy entries, there is still time to get yours in.

The winner will receive a free smoothie and their recipe printed in the newsletter week 8. Just remember to keep it simple, healthy and TASTY. You can hand in your recipes to the Canteen, The Front office or Email hstuart55@gmail.com by 20th November (week7)

We are still in need of Volunteers; if you have a spare 3 ½ hours this term please feel free to get in contact with Heather (Mon-wed) or Maureen (Thurs.-Fri) at the canteen 48422251 or call in and visit to see what it’s all about (9am-2pm). Don’t forget it’s a fun day, the children love seeing a familiar face and to say thank you we give you a small $5 gift voucher each day that you help out.

P&C CANTEEN ROSTER TERM 4

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Thank you to all of our Volunteers for giving up your precious time. If for some reason you can’t do your canteen rostered day can you please Call Heather (Mon, Tue, and Wed roster) on 48421793, Maureen (Thurs, Fri roster) on 48461147 or the canteen (Mon-Fri, 9am-2pm) on 48422251. Thank you from the Canteen Staff

We are now offering a $5 voucher for volunteers to use at the canteen!!!
Advertisements

Braidwood Community Bank Heritage Cricket day
Is on once again at the Rec ground on Saturday the 16th of November 2013.

With the kids hitting off at 9.00am with the Milo Cricket. Then the Senior’s at 10.00am. All kids play for free, seniors rego is $15.00 per person. We also have a women’s team this year, so if you would like to get a women’s team together to represent the school and have a nice trophy to display proudly at the school, start getting your girls team together.

There will also be the "FREE" kids section once again with our favourite face painter "FRANCIS" manning the kids section with lots of things for the young ones to do as well as the "FREE" jumping castle and "FREE" bungee basketball.

So if you want a great family day out and watch Dad (and MUM) have a fun day of cricket while the kids are all entertained for FREE. Then the Rec ground is the place to be on Saturday the 16th of November 2013 starting at 9.00am

See you all there :)

Food and drinks available on the day.

P.S. Come and watch us win the Ashes back from last years winners (The Braidwood Servicemen’s Club) :

Contact Chris or Michelle on 48421123 or 0407801799

Braidwood Farmers’ Market
ABN: 654 06 417 601
If you grow your own produce, ie fresh fruit, vegetables, lamb, beef etc and would be interested in participating, please email your expression of interest to braidwoodfarmersmarket@gmail.com and we can send you and application form.

The first market is due to be held Saturday, 16 November then the 1st Saturday of each month starting 7 December 2013, from 8am to 12.30pm in the National Theatre.

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If not, just come along and have a look, there will be locally grown fresh fruit and vegetables, bread, wine, a variety of meat and more.
Communicable Diseases Factsheet

Chickenpox and Shingles

Last updated: 19 August 2013

What is chickenpox?
- Chickenpox is a viral illness caused by the herpes zoster virus (also known as the Varicella-Zoster virus).
- In children it usually causes a relatively mild illness.
- Chickenpox in adults and immunosuppressed people can be severe.
- Infection in pregnancy can cause foetal malformations, skin scarring, and other problems in the baby.
- It is now over two years since the last case of chickenpox began in November 2005, chickenpox was a very common illness. The incidence of chickenpox appears to have decreased as more people receive the vaccine.

What are the symptoms?
- Chickenpox (varicella) begins with a sudden onset of slight fever, runny nose, feeling generally unwell, and a skin rash.
- The rash usually begins as small bumps that turn into blisters and then scabs.
- The rash appears over three to four days. At any one time, the lesions of the rash vary in stages of development.
- Symptoms usually occur two weeks after exposure to the virus.
- Most people recover without complications, but sometimes the infection can lead to serious complications, such as pneumonia and inflammation of the brain. Rarely, the infection can be fatal.

How is it spread?
- Early in the illness, the virus is spread by coughing.
- Later in the illness, the virus is spread by direct contact with the fluid in the blisters.
- The infection is highly contagious to people who have never had chickenpox or who have not been vaccinated.
- People are infectious from one or two days before the rash appears (that is, during the runny nose phase) and up to five days after (when the blisters have formed crusts or scabs).
- Chickenpox infection triggers an immune response and people rarely get chickenpox twice.

Who is at risk?
- Anyone who has not had chickenpox or been vaccinated in the past can get chickenpox.
- People with a past history of chickenpox are likely to be immune to the virus. Even adults with no history of chickenpox have a chance of being immune (because of past infection that was mild). Doctors sometimes perform a blood test to see if these people need a vaccination.

How is it prevented?
- A live virus-containing vaccine (MMRv) is now recommended for all children at 18 months of age.
- Students in their first year of high school who have not previously received varicella vaccine and who have not had chickenpox are offered a varicella vaccine.
- The Varicella vaccine is recommended for all non-immune adolescents (>11 years) and adults. This involves two doses, at least 6 month apart. It is especially recommended for people at high risk, for example, health workers, people in nursing homes, women planning a pregnancy, and household contact of persons who are immunosuppressed.
- People with chickenpox should avoid others and (not attend childcare or school) untill at least five days after onset of the rash and all the blisters have dried.
- People with chickenpox should cover the nose and mouth when coughing or sneezing, dispose of soiled tissues, wash their hands well and not share eating utensils, food or drinking cups.
- Pregnant women should avoid anyone with chickenpox or shingles and should see their doctor if they have been around someone with these illnesses.
- Children with an immune deficiency (for example, leukaemia) or who are receiving chemotherapy should avoid anyone with chickenpox or shingles as the infection can be especially severe.

How is it diagnosed?
Most cases can be diagnosed based on the symptoms and by appearance of the rash. Sometimes the diagnosis is confirmed by testing samples taken from the rash or from blood.

What is Shingles?
- Shingles is caused by the reactivation of the virus that causes chickenpox, usually in adulthood and many years after the initial chickenpox illness.
- The illness is characterised by a painful chickenpox-like rash on a small area of skin, usually on one side of the body.
- Pain and tingling associated with the rash may persist for weeks or months after the rash has cleared. This is called post-herpetic neuralgia.
- The virus can be spread by direct contact with the skin rash of infected people. This causes chickenpox in people who are not immune.
- Shingles develops more commonly in people who are immunosuppressed.

How are shingles and chickenpox treated?
Shingles can be treated with special antiviral drugs such as acyclovir. Your general practitioner can advise on ways to minimise the discomfort associated with the symptoms of infection.

Chickenpox infection usually resolves without treatment.

What is the public health response?
Chickenpox is not currently notifiable in NSW but the incidence is monitored through the number of patients standing emergency departments and the number of patients who are hospitalised with chickenpox or shingles.
- Varicella vaccine protects against chickenpox, even if given up to five days after exposure.
- Short-term immunoglobulin with varicella-zoster virus (VZIG) - which is made from antibodies in donated blood - can prevent illness in people at high risk of complications. This needs to be given within 96 hours of exposure to the virus to be effective. People at high risk of complications following exposure to chickenpox and who have not been immunised include newborns, people in residential care, and some immunosuppressed patients.

For further information please call your local Public Health Unit on 1300 066 055 or visit the New South Wales Health website www.health.nsw.gov.au

Chickenpox and Shingles page 2 of 2